## St Joseph's College, Irinjalakuda, Thrissur

## Forum for Research in English Post Graduate and Research Department of English Discourses on Research – Scholar Talk Series

On 14th October 2022, the Post Graduate and Research Department of English at St Joseph's College organized a seminar entitled 'What's on my plate' as part of the Scholar Talk Series initiated by the Forum for Research of the Department of English. The resource person of the talk was Ms. Lisa John, Research Scholar at the Department of English, St Joseph's College, Irinjalakuda. There were about 40 participants in the seminar comprising both the first year and the second year Post Graduate students of the Department. The session was aimed at introducing students to new genres and areas of research for aiding their Post Graduate dissertation. The talk was very interesting and informative. Students were introduced to genres like Recipe fiction and food narratives. The stories we associate with food and foodways become food narratives, as they are converted through discourse and behaviour into what Roland Barthes calls cultural myth. Informed by cultural and critical theories, food narratives as they are connected to narrative, performative language, and ideology become part of the rhetorical situation. Through food narratives we find the flavours of familiarity. Ms. Lisa john also shared her hate love relationship with and suggested when life offers you a platter try to savour its flavours!! Food is such an important, driving force in our lives. We share and create some of our most important stories surrounded by food. It comforts us, nourishes us, and heals us. She ended the session by suggesting few books like 'Like water for chocolate', 'The kitchen daughter', 'Pomegranate soup' and so on relating to food narratives. The session was of immense use to the students. They got familiarized themselves with the genres of food narratives and some even had shown interest in taking up researches on the same.



