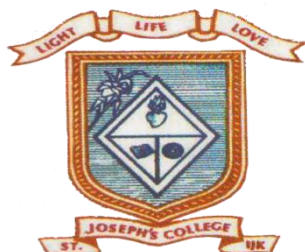


An Interdisciplinary National Seminar on the Community Health Care

Organized by

PG Department of Zoology & PG Department of Social Work
St. Joseph's College (Autonomous), Irinjalakuda



Speakers

Dr. Alex Eapen
Scientist E/ Deputy Director
ICMR – National Institute of Malaria Research, Pondichery

Dr. Jose Antony
Associate Professor
Department of Social Work
Sree Sankaracharya Sanskrit University, Kalady

Mr. Vishnu J Menon
Research fellow,
University of Kerala, Trivandrum and Green Protocol Consultant

Reshma R
Food Safety Officer (FSO),
Irinjalakuda

BROCHURE

ORGANIZING COMMITTEE

CHAIRMAN :
Dr.Sr.Lissy Anto P, Principal

FACULTY COORDINATORS:
Dr. Sr. Asha Therese CHF
HOD, Dept of Zoology
Dr. Sr.Jessin CHF
HOD, Dept. of Social Work

STUDENT CO- ORDINATORS
Ms. Anagha P.V
(MSW IIInd year)
Ms. Livya Wilson
(BSc IIIrd year Zoology)

FOR COMMUNICATION:
Ms. Reshma Paul, 9846527892
Dr.Gigi Poulouse, 9544487222

PROGRAMME SCHEDULE
8th August, Thursday
Registration : 8.30 am
Inauguration: 10.00 am
Session 1 : 11.00 am
Arbo Viral Diseases
Alex Eapen, PhD, CBiol, FRES, FRSB, Scientist
E/ Deputy Director, ICMR-National Institute of
Malaria Research, Pondichery
Session 2 : 2.00 pm
Community Health and Management
Dr.Jose Antony, Associate Professor, Department of
Social Work, Sree Sankaracharya Sanskrit
University, Kalady
9th August Friday
Session 3 : 9.30 am
**Decentralized Municipal Solid Waste Management
and Green Protocol, a Road to Healthy Urban
Environment**
Vishnu J Menon, Research Fellow, University of
Kerala, Trivandrum and Green Protocol Consultant
Session 4 : 11.30 am
Food Safety Management System
Reshma R, Food Safety Officer (FSO), Irinjalakuda
Circle
Paper Presentations
Valedictory Function

**AN INTER DISCIPLINARY
NATIONAL SEMINAR
ON
COMMUNITY HEALTH CARE**

8th & 9th August 2019
Venue : Research Block

**ORGANIZED BY
DEPT. OF ZOOLOGY
& DEPT. OF SOCIAL WORK**


ST. JOSEPH'S COLLEGE (AUTONOMOUS)
IRINJALAKUDA
College with Potential for Excellence
Re-Accredited by NAAC with A Grade
THRISSUR, KERALA, INDIA- 680121

**ST. JOSEPH'S COLLEGE
(AUTONOMOUS) Irinjalakuda**

St. Joseph's College (autonomous), Irinjalakuda is a College for Women, affiliated to the University of Calicut and managed by St. Joseph's Educational Agency of the Congregation of Holy Family. This institution was established in the year 1964 as an answer to the ever increasing demands for the higher education of young women from the middle and lower strata of society in the rural suburbs Irinjalakuda. The institution has been conferred the status of Autonomy in March 2016, and the status of College with *Potential for Excellence* of the UGC in April 2016.

DEPARTMENTS @ A GLANCE

The Department of Zoology started in the year 1964 with Pre-Degree Biology and the under Graduate programme in 1967 and the Post Graduate Programme in 2014. The department mission is to train women in all scientific aspects of life and to equip them to lead a value-based life. The department has procured more than 20 undergraduate and a couple of post graduate University ranks in the past. Various projects funded by UGC, KSCSTE, DBT, DST etc. have also contributed many National and International publications from the department and encourage students to aspire for higher realm of knowledge.

The Department of Social Work came into existence on 20th November 2002 with the Post Graduate Programme in Social Work (MSW) and Bachelor of Social Work (BSW) in 2014. The department is deep rooted in the great demand of quality and value based higher education with

multifaceted action plan by giving the importance to the mission of our college "To groom academically and globally competent women". The Department promotes a culture that supports professional grooming, freedom to initiate, innovative and experiment, an atmosphere of mutual respect and trust and cultural enrichment. The department offers Certificate courses in Counseling, Skill development and Moodle Online Course in social work.

COMMUNITY HEALTH CARE

Community health is a major field of study within the medical and clinical sciences which focuses on the maintenance, protection, and improvement of the health status of population, groups and communities. It is a distinct field of study that may be taught within a separate school of public health or environmental health. It tends to focus on a defined geographical community. Medical interventions that occur in communities can be classified as three categories: primary health care, secondary health care, and tertiary health care. Each category focuses on a different level and approach towards the community or population group. Primary healthcare programs aim to reduce risk factors and increase health promotion and prevention. Secondary healthcare is related to "hospital care" where acute care is administered in a hospital department setting. Tertiary healthcare refers to highly specialized care usually involving disease or disability management.

The seminar tries to bring an awareness on the epidemiology of common communicable diseases and non communicable diseases, community health programmes, nutritional problems and their management, and legislations pertaining to health care.

SUB THEMES

1. Communicable and Non-Communicable Diseases
2. Life Style Diseases
3. Rights related to Health
4. Environmental Health
5. Health Development Programmes
7. Vaccination
8. Nutrition
9. LSGs, NGOs and Community Health

PAPER PRESENTATIONS

Paper presentation can be done by the Researchers, Scholars and Students, based on the related themes.

LAST DATE OF SUBMISSION

Abstract -22nd July 2019
Full paper -31st July 2019

ABSTRACT

- Abstract of the paper should not exceed a maximum of 250 words
- Should be in MS word document format
- Title & theme of the paper, abstract and keywords should include in the paper
- Font size 12, Times New Roman with double space.
- The abstract and full paper should be send to the Department Email: Socialwork@Stjosephs.edu.in

PARTICIPATION DETAILS

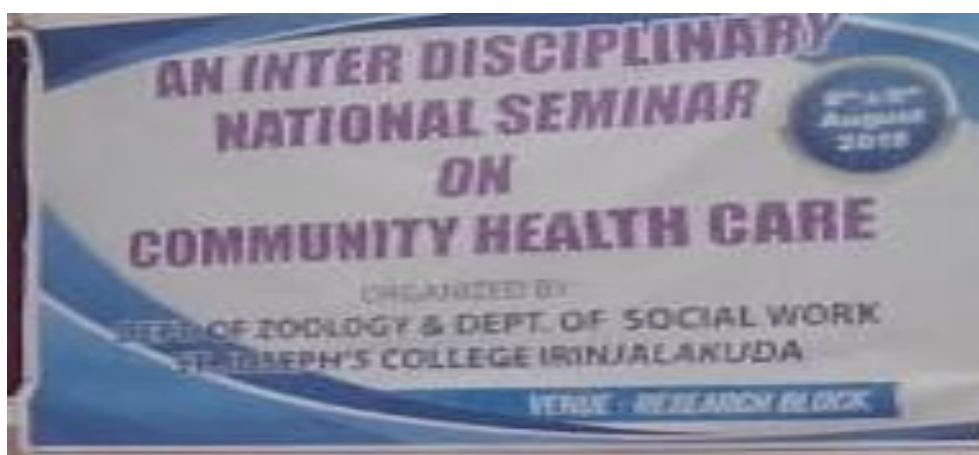
Registration fee for the seminar is,

1. Students – ₹ 500
2. Research Scholars, Practitioners/Academicians- ₹ 750
3. Confirm your participation on or before 31st July 2019

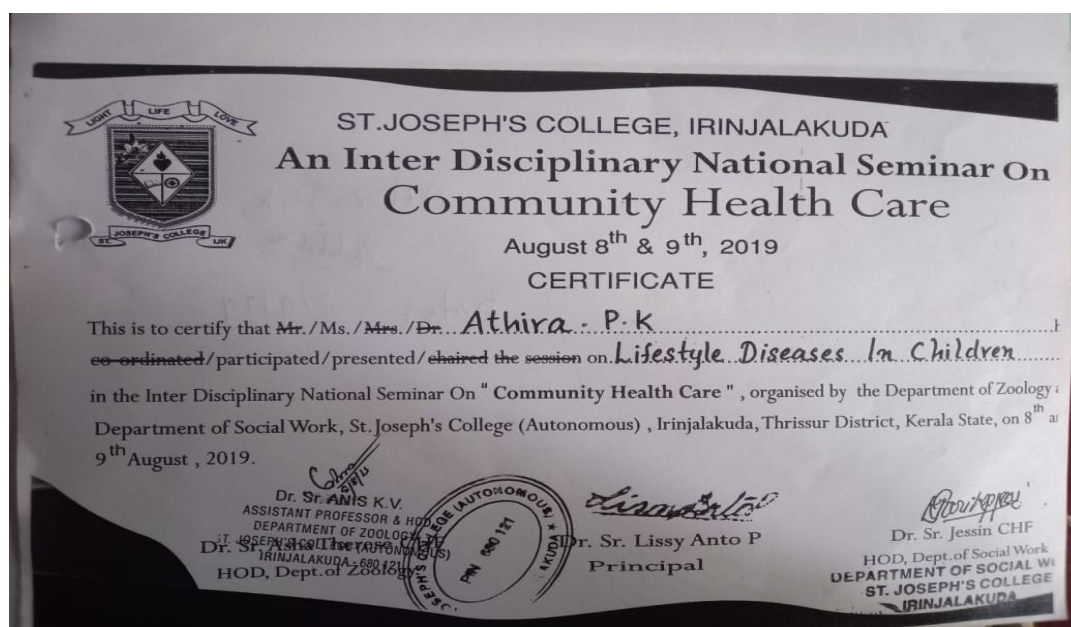
REGISTRATION

Registration would be held on spot during the seminar.

BANNER



CERTIFICATE



ACADEMIC REPORT
An Interdisciplinary National Seminar on
“Community Health Care”
Organized by

PG Department of Zoology & PG Department of Social work

The PG Departments of Zoology and Social Work have organized an Interdisciplinary National Seminar on “Community Health Care “on 8th and 9th August 2019 at St. Joseph’s College, Irinjalakuda. The inaugural session was presided over by Dr.Sr.Isabel. The seminar was inaugurated by Dr. Alex Eapen CBiol, FRES, FRSB, Scientist E/ Deputy Director ICMR, National Institute of Malaria Research, Pondichery, by lighting the lamp. Dr. Asha, the Controller of Examination offered the felicitation. The sessions were led by Dr.Alex Eapen CBiol, FRES, FRSB, Scientist E/ Deputy Director ICMR, National Institute of Malaria Research , Pondichery on the topic , Arbo Viral Diseases. Dr.Jose Antony, Professor, Department of Social Work, Sree Sankarajarya Sanskrit University, Kalady, Dr.Vishnu J Menon, Research Fellow, University of Kerala, Trivandrum, and Green Protocol Consultant, and Reshma R , Food safety Officer (FSO), Irinjalakuda. The topics on, Community Health Management, Decentralized Solid Waste Management and Green Protocol, A Road to Healthy Urban Environment and Food safety Management System were discussed in the seminar.

National Seminar – Inaugural Session



Session I : 11.00 AM

Dr. Alex Eapen

CBiol, FRES, FRSB,
Scientist E/ Deputy Director ICMR,
National Institute of Malaria Research, Pondichery



Session II: 2.00 PM

Dr. Jose Antony,
Professor,
Department of Social Work,
Sree Sankarajarya Sanskrit University, Kalady,



Day 2: 09.08.2019

Session I: 9.30AM

Dr. Vishnu J Menon,
Research Fellow,
University of Kerala, Trivandrum,
Green Protocol Consultant



Session II : 11.30AM

Reshma R,
Food safety Officer (FSO),
Irinjalakuda



Paper Presentation: 1.00 PM



National Seminar on Community Health Care

Paper presentations

Venue I: Research Block

Time: 2 pm to 3.00 pm

Chair: Dr. Naijil George

Dr. Roselin Alex

Sl. No	Topic	Name
1	Revisiting community-based health care governance in Kerala	Mr Pradeep kumar
2	Nutritional efficacy of six Gramineaceous weed grains in <i>Rattus Norvegicus</i>	Philo TJ, M.S. Francis, & Teji KT
3	Kerala's Health capacity in managing disaster risks	Abishana Jamal
4	Importance of nutrition during pregnancy	Krishnedhru
5	Respiratory problems due to changes in the lifestyle	Anntresa varghese
6	Lifestyle diseases	Susana Varghese
7	The impaired sleep cycle: physical, physiological and psychological impacts – a review	Athira Anand
8	Polycystic Ovarian Syndrome: Influence of lifestyle errors and the role of lifestyle modification in long-term treatment	Pavizham KP
9	Lifestyle and infertility: a double-edged sword	Anitta Davis
10	Communicable diseases- Rubella	Shiyona Joy
11	Right related to health	Jayalakshmi

Venue II: New Seminar Hall

Time: 1.30 pm to 3.00 pm

Chair: Ms. Remya Chitran K.C

Ms. Lekshmi Jayakrishnan

Sl. No	Topic	Name
1	Cancer: preventing a complex disease through simple lifestyle corrections	Pavithra Premkumar
2	Impact of plastic pollution on soil microbiota and human health – a review	Upasana Devi KJ
3	Colorectal cancer: role of dietary changes and lifestyle as risk factors	Ayubabee
4	Insomnia – the new age disorder	Vandana Vijayan
5	Lifestyle diseases	Fibiya
6	Communicable diseases – Influenza	Len Ben
7	Environmental health	Anjali VJ
8	Nutrition, wellbeing and health	Giyol Joy
9	Malnutrition in Bihar, India	Sruthy S
10	Nipah virus outbreak in south Indian state Kerala	Angel Mariya
11	The outbreaking of leptospirosis after the flood in Kerala	Christymol & Dany
12	Coronary heart disease	Mariya James
13	Lifestyle diseases in children	Athira PK