

SEMINAR ON INTERNATIONAL YEAR OF PULSES 2016

INTERNATIONAL YEAR OF PULSES 2016
Pulses for healthy living & wealthy soil

Organized by
DEPARTMENT OF BOTANY
ST. JOSEPH'S COLLEGE, IRINJALAKUDA

SUPPORTED BY
Kerala State Council for Science, Technology and Environment

29/06/2016: Inauguration -
Dr. Carla Schenzen, Lecturer,
Dept. of Agriculture, Martin Luther University, Germany.

29/06/2016: Seminar-
Topic "Importance of Pulses in our diet" -
Ms. Nimitha Suresh, Lecturer, Dept. of Home Science,
Vimala College, Thrissur.

29/06/2016:
Seeds and seedling distribution -Principal Dr. Sr. Christy.

04/09/ 2016:
Awareness programme on various aspects of pulses
in Kudumbasree units.

20/10/ 2016:
Intercollegiate Quiz competition -topic
'Pulses for Healthy living and Wealthy soil'.
Quiz master:
Dr. Jain J Therattil, Asst. Prof. Dept. of Zoology,
St. Aloysius College, Thrissur

08/11/ 2016:
Inter-departmental Pulse dish competition.

08/12/ 2016:
Flash mob

The United Nations declared 2016 as the International Year of Pulses (IYP). Department of Botany, St. Joseph's College, Irinjalakuda celebrated it grandly with the financial support of KSCSTE and conducted a regional seminar on the importance of pulses. The official inauguration of the celebrations was on 29th June 2016 by Dr. Carla Schenzen, Lecturer, Department of Agriculture, Martin Luther University, Germany.

On the same day we conducted an invited lecture on the topic "Importance of Pulses in our diet" by Ms. Nimitha Suresh, Lecturer Department of Home Science, Vimala College, Thrissur. The target group was the students of our department and the local community around Irinjalakuda. Nearly 200 people were participated for the programme.

Seeds and seedling distribution to the local community was one of the major attraction of the day, it was inaugurated by Principal Dr. Sr. Christy.



AWARENESS PROGRAMME IN KUDUMBASREE

On 4th September 2016 students of our department conducted an awareness programme on various aspects of pulses (Soil enrichment, protein & fiber content) in different Kudumbasree units near their home.

INTER-COLLEGIATE QUIZ COMPETITION.

On 20th October 2016, an intercollegiate Quiz competition was conducted on the topic 'Pulses for Healthy living and Wealthy soil'. Dr. Jain J Therattil, Assistant Professor, Dept. of Zoology, St. Aloysius College, Elthuruth, Thrissur was the quiz master. He had already conducted nearly 450 quiz competitions in state and national levels. 15 teams of 6 different colleges were participated. After the preliminary round 5 teams got selection to the final round. St. Thomas College, Thrissur and St. Mary's College, Thrissur got first and second prizes respectively.



INTER-DEPARTMENTAL PULSE DISH COMPETITION

On 8th November 2016 our department conducted an inter-departmental Pulse dish competition. 32 students of different departments were participated. The dishes were comprised with more than 50% pulses and the recepies included snacks, deserts and side dishes. The taste and nutritive value of the dishes were considered for competition.



FLASH MOB

On 8th December 2016 students of our department conducted a flash mob in front of our college. Through this performance we conveyed the importance of pulses to the students and teachers of our college. “Pulses are nutritious, affordable, sustainable, versatile and tasty” with this message we came to an end of the celebrations of ‘International year of pulses 2016’.

