



St. Joseph's College (Autonomous)

College with Potential for Excellence

NAAC accredited at A grade in the third cycle

Irinjalakuda-680 121, Thrissur (Dt.), Kerala

Telephone: 0480 - 2825358, M.No. 8301000125

Email: info@stjosephs.edu.in

Website: www.stjosephs.edu.in

Department of Psychology

Curriculum Feedback Analysis and Action Taken Report 2016-17

Feedback

- To improve the employability and self-employment, alumnae suggested including a new course in clinical psychology in B.Sc. Psychology. It was also suggested to incorporate internship in the curriculum to gain work experience.
- Subject experts suggest that the elective course **PSY5B05-01** Organizational Psychology should be made compulsory for all the students. The course content can be modified to covert it into a core course.
- Faculty members and research scientists suggested incorporating more of the research content into the curriculum. As the research opportunities of Psychology is booming in the country and outside, it will enable the students to assume higher positions in academia, research and industry.
- Suggestions were given by the alumnae to avoid the repetition of same contents in different semesters and removal of less important topics like Zen, Buddhism etc.
- Teachers and Students recommended more practical sessions for counseling papers.
- The Teaching Faculty Suggested in the inclusion of relevant papers related to life skill and health for the students to attain expertise in the domain of study.

Actions taken

- Board of studies discussed the matter and decided to incorporate 'Clinical Psychology' course in the final semester of the B.Sc. Psychology. It was also decided to incorporate two weeks internship and psychologically relevant field visit in to the final semesters of the program. The suggestions are forwarded to the University for approval.
- Organizational Psychology course content is evaluated and the board recommended for the same as a core paper in the fifth or sixth semester. As the scheme of the program need to be revised for adding one more core paper, the suggestion was forwarded to the parent university.
- More revisions are suggested for incorporating research-based modules, psychometrics, hereditary, research methodology, SPSS and test constitution. A mini project presentation was also suggested. As the extent of revision is limited to 20% by the university, the recommendations are forwarded for approval.



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- Departmental council examined the repeated/less relevant content in the curriculum. Suggestions were prioritized and it was decided to change the paper of learning and behavior in the next revision of the syllabus. The topics related to Holistic Psychology are to be revised in the next syllabus revision.
- It was observed that the counseling practice sessions will be a useful tool for intensive learning and practice. Teachers conducted mock sessions of counseling for students for understanding each of the stages thoroughly and distinctly. A course paper called Psychological Counseling was introduced for the academic year 2017-18
- The following courses were introduced for the academic year 2017-18

COURSE CODE	COURSE NAME	CREDIT	HOURS
PSY3B01	PSYCHOLOGICAL MEASUREMENT AND TESTING	3	3
PSY4B01	INDIVIDUAL DIFFERENCES	3	3
PSY5B03	DEVELOPMENTAL PSYCHOLOGY I	3	3
PSY5B04	PSYCHOLOGICAL COUNSELLING	3	3
PSY6B03	DEVELOPMENTAL PSYCHOLOGY II	3	3
PSY6B04	LIFESKILL EDUCATION : APPLICATION AND TRAINING	3	3

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Curriculum Feedback Analysis and Action Taken Report 2017-18

Feedback

- The students expressed their satisfaction with the present curriculum but suggested in certain modification with an objective of enhancement and clarity of subject taught. In order to ease the understanding, the students suggested reducing the contents of core paper. The proposition was thoroughly analyzed at the department prior to the BOS and the teachers decided to seek the opinion of board members for the same.
- The Employers suggested increasing the number of same instruments in the laboratory for all the students to work simultaneously.
- The alumnae suggested that the students should be encouraged and oriented to research culture which would be beneficial in their futuristic endeavors. Alumnae recommended that the students should be exposed to the outside world. They suggested that they attend seminars and lecture sessions which would be helpful in encouraging students towards research in psychology, and gain exposure to preliminary knowledge regarding research and paper presentations.
- In order to gain a deeper insight, the students suggested in organizing a programme that would benefit them in the preparation of the project for PSY6B08. As the alumnae's suggestion, the students wanted to attain primary understanding of research culture that could be beneficial in their higher education.

Actions taken

- Due to the constant demand and for the comprehensibility of the curriculum, the following courses were modified. Certain additions and deletions in the modules were pronounced-

COURSE CODE	COURSE NAME	ADDED PORTION	REMOVED PORTION
PSY1B01	BASIC THEMES IN PSYCHOLOGY I	<ul style="list-style-type: none">• Branches of psychology• Scope of psychology• Methodes of psychology• Threshold, subliminal perception• Perceiving forms,	<ul style="list-style-type: none">• Monocular and binocular depth perception• Memory



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		<p>patterns and objects</p> <ul style="list-style-type: none"> • Theories of auditory perception • Nature of consciousness • Sleep disorders • Dreams 	
PSY2B01	BASIC THEMES IN PSYCHOLOGY II	<ul style="list-style-type: none"> • Memory(new module) 	<ul style="list-style-type: none"> • Explanation of fear and anxiety • pessimism& depression • guilt, shame and anger • explanation of happiness, optimism and hope; • Intelligence(module) • Personality(module)
PSY5B01	ABNORMAL PSYCHOLOGY I	<ul style="list-style-type: none"> • Personality disorders 	<ul style="list-style-type: none"> • Major approaches to psychopathology- psychodynamic, behavioral, cognitive, Humanistic, interpersonal, existential approaches
PSY5B02	SOCIAL PSYCHOLOGY	<ul style="list-style-type: none"> • Methods of social psychology • social psychology and related disciplines • Leadership • Agression 	
PSY6B01	ABNORMAL PSYCHOLOGY II	<ul style="list-style-type: none"> • Developmental disorders 	<ul style="list-style-type: none"> • Personality disorders
PSY6B02	APPLIED SOCIAL PSYCHOLOGY	<ul style="list-style-type: none"> • Agression • Child abuse • Media violence • Domestic violence 	<ul style="list-style-type: none"> • Research methodes in applied social psychology • Biopsychosocial model. Promoting health and



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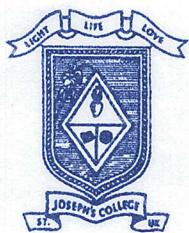
			<p>preventing illness.</p> <ul style="list-style-type: none">• Changing health behavior.• Stress, coping and social support• Applying social psychology to education and classroom• Postive social psychology
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- Department bought more advanced instruments for the laboratory
- The main focus of the department in 2017-2018 was to ensure more participation in National level conferences, seminars, and workshops and present papers outside our college. As a result students as well as teachers participated in the following conferences organized by eminent universities and institutions. A few of the attended sessions are:

- National Seminar on 'Re-mapping the psychodynamics of depression' organized by Prajyoti Niketan College, Pudukad, Thrissur
- National Conference on 'Humanizing Clinical Psychology: Trends and Challenges' organized by SreeSankaracharya University Of Sanskrit Kalady, Ernakulam
- National conference on 'Applied Health Psychology: Trends & Challenges' organized by Rajagiri College for Social Sciences, Kalamassery, Ernakulam
- Pre-summit Conference (Brain Colloquim)' which was carried out in a national level on 12th January 2018 with Al Jamia Arts and Science College, Malappuram
- National seminar on 'Behaviour technology for better living' organized by St. Mary's College, Thrissur
- 'Undergraduate Research Conference' to be conducted in national by the Christ University, Bengaluru, Karnataka

- A Three day workshop on research methodology was conducted for the students


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Department of Psychology

Curriculum Feedback Analysis and Action Taken Report 2018-19

Feedback

- Understanding of human behavior and mental processes is an asset in developing and analyzing a good personality. In order to build a foundation of the subject, the teachers suggested introducing a paper of Psychology as an open course.
- Final year Undergraduate students suggested conducting an orientation session for the presentation of their Dissertation work. Such a session could accentuate the necessary details they have to consider and concurrently support in presenting papers.
- Parents were satisfied the current course works in the curriculum. The students' test papers and internal exams were conducted timely. The parents suggested alternative methods like group discussions and assignments to ensure the revision of their chapters on a regular phase.
- Majority of Feedback received from the Alumnae directed to the provision of coaching classes for the final year students. Enabling a continuous preparatory segment in between their campus hours would ensure the continuity of their learning process. This would give them an earlier start for defining their higher education and career prospects.
- The Parents suggested that students be given sessions focused on mental health awareness. It was recommended for the provision of classes that would alleviate their stress and help in self-improvement.
- The teachers suggested in recognition of novel techniques of statistics. The integration of new courses was recommended.
- Implementation of Outcome Based Education was a major feedback given by the teachers. Such a mechanism would enable the students to achieve every objective that each course content offers.



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Actions taken

- A new course on the basics of psychology was suggested to be incorporated in to the curriculum. A committee was formulated within the department to evaluate the same.
- Each guide gave an orientation for their students to get an impactful research work.
- Teachers conducted the revision of each semester as a regular quiz to motivate the students.
- PG Entrance coaching in Psychology was jointly organized by Team Incubation
- Department of Psychology organized a workshop titled *Clinical Hypnotherapy* on 23rd & 24th January 2019 for the students of St. Joseph's College, Irinjalakuda. The programme was inaugurated by the resource person Dr. Jayan Namboodiri, Psycho-behavior therapist and counselor.

- The following complementary courses were incorporated into 2019-20 syllabus:

COURSE CODE	COURSE NAME	CREDIT	HOUR
STA1C02	DESCRIPTIVE STATISTICS	3	4
STA2C02	REGRESSION ANALYSIS AND PROBABILITY THEORY	3	4
STA3C02	PROBABILITY DISTRIBUTION AND PARAMETRIC TEST	3	5
STA4C02	STATISTICAL TECHNIQUES FOR PSYCHOLOGY	3	5
SJPSG1C01	HUMAN PHYSIOLOGY I	3	4
SJPSG2C01	HUMAN PHYSIOLOGY II	3	4
SJPSG3C01	HUMAN PHYSIOLOGY III	3	5
SJPSG4C01	HUMAN PHYSIOLOGY IV	3	5

- The board members accepted and approved the Course Outcome, Programme Outcome and Programme Specific Outcome at the BOS meeting

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Curriculum Feedback Analysis and Action Taken Report 2019-20

Feedback

- Stakeholders suggested in organizing a international seminar for the enrichment of students. The students required to be aware of the global contexts of the subject to surpass the hindrances that they could come across in their higher education and further researches. The alumnae suggested that seminars would be a key component in the development of student perspective, also aiding to the enhancement of student skills.
- Feedback from the teaching faculty suggested in the revision of the existing syllabus to meet the demand of imparting quality content required for higher studies. Certain modules and course contents were re-designed and drafted by the department for further action.
- Employers suggested in designing course contents for the certificate course. With respect to the employment opportunities it offers, the employers emphasized the significance of certificate courses in the curriculum.
- The students suggested in the inclusion of a paper that detailed on global perspective on the field of study. The teachers recommended the same as an elective paper.

Actions taken

- An International Conference cum Workshop on Counseling and Psychotherapy was jointly organized by Department of Psychology and Step 4 skills. The program was held on 1, 2, 3rd of August, 2019 at St. Joseph's College, Irinjalakuda. Psychologists Prof. Dr. Vedagiri Ganesan, Dr. S Kadhiraavan, Dr. Varghese Paul K, Dr. Rita Karmakar, Dr. Dhanya Deeepak and Dr. Kajal Sewak Mugrai were the resource persons. Paper presentations as well as discussions related to the area were held.
- Board of Studies members approved 20% of syllabus change for B.Sc Psychology syllabus approved by the University of Calicut 2019
- The delegates approved the syllabus of the certificate course related to learning disability for the Department of Psychology.
- As per the earlier recommendation by the teaching faculty, an open course called "Basic Psychological Process" was initiated for the following academic year.
- The Board of Studies members approved the new paper "Eastern Perspectives in Psychology" as a new Elective Course


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Curriculum Feedback Analysis and Action Taken Report 2020-21

Feedback

- Feedback from the teachers recommended in the modification of the present syllabus. The following suggestions were put forth -
 - Addition of practical sessions of the core paper *Psychological Counseling*
 - Removal of difficult portions of core paper *Research Methodology*
 - Addition of important topics in the core paper *Abnormal Psychology*.
- Feedback received from the parents suggested in the continuity of classes on virtual platform during the pandemic period. There were concerns regarding the replacement of offline sessions and the parents suggested that the students be given mock-classes prior to regular online sessions.
- In accordance with the government protocol, the students suggested in the progression of practical sessions into online sessions to maintain social distancing during the pandemic period
- The employers proposed on supplementing the curriculum with online internships. The students would be able to expand the career opportunities and gain expertise in using technically advanced tools.
- The COVID situation has allowed more people to explore on innumerable topics related to psychology and mental health. The alumnae recommended in promoting international and national webinars so as understanding the emerging trends of the subject.

Actions taken

- The revisions were presented before the BOS and evaluated by the subject expert. The modifications were considered for revision and send to the higher body for consideration.
- Board of Studies members suggested considering different applications and software for conducting online internal examination. It was advised to choose the most convenient service that can be easily accessible by the students. The Department used Linways as the managing tool for conducting examinations, uploading notes and assignments. The teachers also arranged mock-sessions for the students before conducting regular online classes
- The members of Board of studies meeting asked to show the demonstrations of some practicals via online classes and rest of the practicals as individual experiments. As per convenience, the suggested method was followed.
- Online internship was promoted .Also as an extended study, the students were asked to study and present on the Mental Health of the students during the pandemic era.
- Participation of International and National Webinar was ensured and the students presented papers with the guidance of teaching faculty.


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